

Category	Dish Name	Variation	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
STARTERS & SHARERS	Prawn Cocktail				Y				Y	Y			Y				MC	
STARTERS & SHARERS	Prawn Cocktail (GF)								Y	Y			Y				MC	
STARTERS & SHARERS	Soup of the Day (Carrot & Celery)			Y	Y	MC		Y		Y			Y			MC	MC	
STARTERS & SHARERS	Soup of the Day (Carrot & Celery) (GF)			Y		MC		Y		Y			Y			MC	MC	
STARTERS & SHARERS	Chicken Strips				Y			Y					Y		Y	MC		Y
STARTERS & SHARERS	Salt & Pepper Squid				Y				MC	MC	MC		MC	Y	MC		Y	
STARTERS & SHARERS	Halloumi Fries			Y		MC	MC						Y		MC	MC	MC	
STARTERS & SHARERS	Garlic Breaded Mushrooms			Y	Y					Y			Y		Y		MC	
STARTERS & SHARERS	Sharing Nachos			Y									Y					
STARTERS & SHARERS	Traditional Sharing Board				Y	MC	MC	Y	MC	Y	MC		Y	Y	Y	Y	Y	Y
STARTERS & SHARERS	Taste of Asia Sharing Board				Y	MC	MC	Y		Y			Y		Y	MC	Y	Y

Category	Dish Name		Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
SANDWICHES	Fish Goujon Sandwich				Y					Y	Y		MC		Y	MC	MC	
SANDWICHES	Chicken, Bacon, BBQ & Cheese Sandwich				Y					MC			Y		Y	MC	MC	
SANDWICHES	Chicken, Bacon, BBQ & Cheese (GF) Sandwich									Y			Y		Y	MC	MC	
SANDWICHES	Pulled Pork Melt Sandwich				Y			Y		MC			Y		Y	MC	MC	
SANDWICHES	Steak Melt Sandwich				Y					MC			Y		MC	MC	MC	
SANDWICHES	Steak Melt Sandwich (GF)									Y			Y		MC	MC	MC	
SANDWICHES	Halloumi & Houmous Sandwich			Y	Y				MC	MC	MC		Y		MC	Y	MC	Y
SANDWICHES	Halloumi & Houmous Sandwich (GF)			Y					MC	Y	MC		Y		MC	Y	MC	Y
SANDWICHES	Houmous & Grilled Pepper Sandwich		Y	Y	Y				MC	MC	MC		MC		MC	Y	MC	Y
SANDWICHES	Houmous & Grilled Pepper Sandwich (GF)		Y	Y					MC	Y	MC		MC		MC	Y	MC	Y
CIABATTAS & WRAPS	Bacon, Brie & Cranberry				Y					MC			Y		MC	MC	MC	
CIABATTAS & WRAPS	Bacon, Brie & Cranberry (GF)									Y			Y		MC	MC	MC	
CIABATTAS & WRAPS	Battered Cod Goujons*				Y				MC	Y	Y		MC	MC	Y	MC	MC	
CIABATTAS & WRAPS	Tuna, Cheddar & Mozzarella				Y				MC	Y	Y		Y		Y	MC	MC	MC
CIABATTAS & WRAPS	Tuna, Cheddar & Mozzarella (GF)								MC	Y	Y		Y		Y	MC	MC	MC

CIABATTAS & WRAPS	Chicken Goujons, Bacon & Onion Rings				Y			Y		Y			Y		Y	MC	MC	
----------------------	--------------------------------------	--	--	--	---	--	--	---	--	---	--	--	---	--	---	----	----	--

Category	Dish Name		Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
JACKET POTATOES	Prawns with Marie Rose Sauce								Y	Y			Y		MC	MC		
JACKET POTATOES	Cheese and Beans			Y									Y		MC	MC		
JACKET POTATOES	Cheese and Coleslaw			Y	MC				MC	Y	MC		Y		Y	MC	MC	MC
JACKET POTATOES	Tuna Mayonnaise				MC				MC	Y	Y		Y		Y	MC	MC	MC
JACKET POTATOES	Chicken Mayonnaise									Y			Y		MC	MC		
JACKET POTATOES	Sausage, Beans & Cheese				Y								Y		MC	MC		Y

MAINS		Tikka Masala			Y					Y			Y		Y			Y
MAINS		Korma			Y					Y			Y		Y			Y
MAINS		Madras			Y										Y			Y
MAINS		JalFREZI			Y	MC										MC		Y
MAINS		Rogan Josh			Y								Y					Y
MAINS	House Salad			Y	Y	MC							MC		MC	MC	MC	
MAINS	House Salad (GF)			Y		MC							MC		MC	MC	MC	
MAINS	All Day Brunch				Y					Y								Y
MAINS	Chicken Fajita				Y								Y					
MAINS	Steak Fajita				Y								Y					
MAINS	Prawn Fajita				Y				Y				Y					MC
MAINS	Halloumi Fajita			Y	Y								Y					

Category	Dish Name		Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
PIES	Steak & Ale Pie				Y	MC							Y				Y	
PIES	Chicken & Mushroom Pie				Y	MC		Y					Y				Y	
PIES	Cheese & Onion Pie			Y	Y	MC							Y		Y		Y	

Category	Dish Name		Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
BURGERS	Gourmet Beef Burger				Y				MC	Y	MC		Y		Y	MC	Y	MC
BURGERS	Gourmet Beef Burger (GF)								MC	Y	MC		Y		Y	MC	Y	MC
BURGERS	Cajun Chicken				Y				MC	Y	MC		Y		Y	MC	Y	MC
BURGERS	Cajun Chicken (GF)								MC	Y	MC		Y		Y	MC	Y	MC
BURGERS	Lentil & Mixed Seed Burger (VE)		Y	Y	Y				MC		MC				Y	MC	Y	MC
BURGERS	Lentil & Mixed Seed Burger (GF)			Y					MC	Y	MC		Y		Y	MC	Y	MC
BURGERS	Garden Vegetable Burger (VE)		Y	Y	Y		MC								Y	MC	Y	MC
BURGERS	Garden Vegetable Burger (GF)			Y			MC			Y			MC		Y	MC	MC	MC

Category	Dish Name		Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
GRILLS	8oz Rump Steak				Y													
GRILLS	8oz Rump Steak (GF)																	
GRILLS	8oz Sirloin Steak				Y													
GRILLS	8oz Sirloin Steak (GF)																	
GRILLS	8oz Ribeye				Y													
GRILLS	8oz Gammon									Y								
GRILLS	Peppercorn Sauce							Y					Y					Y
GRILLS	Diane Sauce							Y					Y		Y			
GRILLS	BBQ Sauce														Y			
GRILLS	Stilton Sauce							Y					Y					